

TOOLS OF THE TRADE - 7th MAY 2017

Baden-Powell House Conference Centre, Queen's Gate, London



PROGRAMME

- 9.00 Registration
- 9.25 Housekeeping
- 9.30 **Lax Vox: Theory and Practice**

Lax Vox is one of the more popular forms of semi-occluded vocal tract exercises practised by therapists in Europe for a variety of reasons; it is visual, tactile, kinaesthetic, accessible and, perhaps most importantly, fun! This session will look at the scientific underpinnings for semi-occluded vocal tract (SOVT) approaches and where Lax Vox fits as an oscillatory or vibrationally bi-modal form of semi-occlusion. Delegates will have an opportunity to practise the technique. Please bring a small plastic water bottle (500ml or smaller) with 5cm of water in it. We will provide the necessary tubes.

Brian Saccente-Kennedy, Specialist Speech and Language Therapist, University College London Hospitals NHS Foundation Trust

- 11.00 Coffee
- 11.30-1.00 **Psychogenic Voice Disorder in Young People – a management approach**

This session will outline an approach to working with young people that is family-centred and founded on a CBT framework. The importance of the team around the child/young person will also be examined. Practical techniques for facilitating voice and identifying the causal factors underpinning the voice loss/change will be included. Case study examples will underpin the session's content.

Lesley Cavalli, Voice Specialist Speech & Language Therapist, GOSH, London

- 1.00 Lunch
- 2.00-3.30 **Vocal Resonance – Exploring Humming**

Humming as a method of achieving good vocal resonance is a long-established technique used by many clinicians. This session explores the scientific basis behind the technique and demonstrates its practical use from single word to conversational speech in the clinic setting. There will be opportunities for delegates to observe and to participate in small groups.

Sue Jones, Voice Specialist Speech & Language Therapist, Wythenshawe Hospital, Manchester

- 3.30-4.00 Tea
- 4.00-4.45 Questions and Discussion